



Nordic Laboratories

PATIENT: Sample Report		TEST REF: ###-##-####
TEST NUMBER: #####	COLLECTED: dd/mm/yyyy	PRACTITIONER: Nordic Laboratories ADDRESS:
PATIENT NUMBER: #####	RECEIVED: dd/mm/yyyy	
GENDER: Female	TESTED: dd/mm/yyyy	
AGE: 59		
DATE OF BIRTH: dd-mm-yyyy		

TEST NAME: Candida albicans - Immunodiffusion & ELISA IgG Assay

Lab ID: #####

Candida albicans is a common yeast which normally exists on and in our bodies. Sometimes Candida can 'overgrow' in the intestinal tract as a results of frequent dosage of antibiotics or steroids, use of oral contraceptives and diets high in sugar and yeast-containing foods. Candida albicans infection elicits the production of immunoglobulins which can be detected by immunodiffusion of ELISA tests.

YOUR TEST RESULTS ARE: Positive	
Immunodiffusion: Negative	ELISA Test: Positive
Number of Bands Observed: 0	IgG Titer: 1:3000

ELISA KEY - Scoring and Evaluation

Antibody Titer: <1:3000	Negative
1:3000	Weakly Positive
1:5000	Positive
>1:5000	Strongly Positive

Note: In addition to following the Immuno diet it is also very important that you avoid all yeast-containing foods, beverages and fermented food products. Check with your healthcare professional for the specific program recommended in your case.

IMPORTANT: To monitor your progress, it is recommended to retest your Candida antibody level again in six months. Food sensitivities and poor digestion and assimilation of nutrients are commonly related conditions with Candida overgrowth. Further evaluation may be advisable through the Immuno 1 Bloodprint™ for food sensitivities.

These IgG ELISA test results should be interpreted together with all other laboratory data, including treatment history, in arriving at a diagnosis of delayed foodsensitivity.

This test was developed and performance characteristics determined by Immuno Laboratories. It has not been cleared or approved by the U.S. Food and Drug Administration.

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